

Everything you need to know  
about CAS

CAS



# What is CAS?

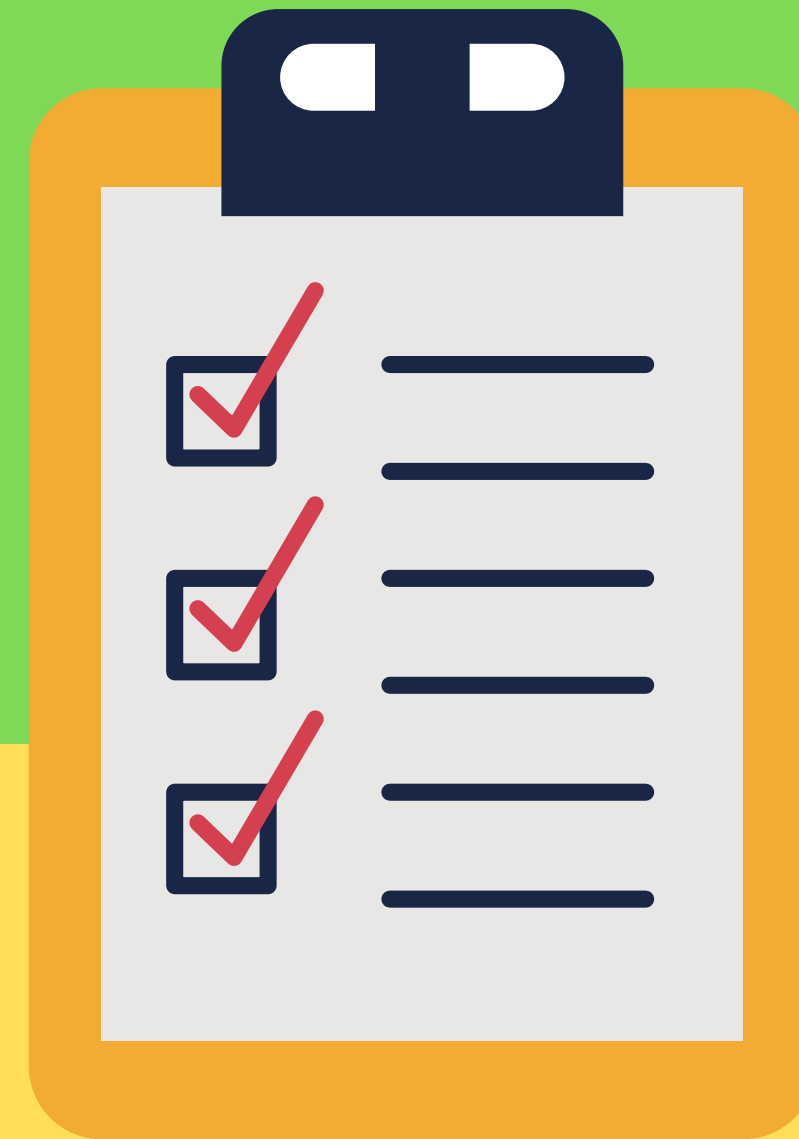
CAS stands for Creativity, Action, and Service. This project encourages you to be active in your community and create a project that follows all three of the acronyms. Within this project you must reflect upon experiences, identify personal goals, and actively collaborate in CAS projects. You have the option to do this project alone or with a group.



# Requirements

For completion of your CAS project, you must:

- 1) Adhere to all three strands
- 2) Base it off of a personal interest or talent
- 3) Make sure you document everything in your learner profile (learning outcomes, monthly experiences, personal profile questionnaire, project development, and correspondence)
- 4) Must be an 18-month project



# Examples of CAS Projects

Here are some good examples of CAS projects.

Do NOT copy them.

- Start a club at your school
- Organize a marathon
- Get involved with a local charity
- Make a movie
- Bake for community homes (if guidelines allow)



# Helpful links

Here are some helpful links for more information regarding CAS:

- <https://www.ibo.org/programmes/diplomaprogramme/curriculum/creativity-activity-and-service/>
- <https://www.ibo.org/programmes/diplomaprogramme/curriculum/creativity-activity-and-service/cas-projects/>

